

Nurtured Heart Approach[®] for Intense Children

For parents/care-givers of children from ages 2—17. This therapeutic parenting class is designed for those committed to the success of **ALL** their children. Regular parenting methods work for some kids but intense children need a more strategic plan. The Nurtured Heart Approach[®] helps parents cope with the difficulties of raising high-energy/high-need children while giving them the techniques they need to succeed in parenting them in a positive way.

Where: Kent County DHS Office
121 Franklin
Grand Rapids, MI
(2nd Floor Parent Room)

When: Begins: Feb 18th

Cost: \$90/person

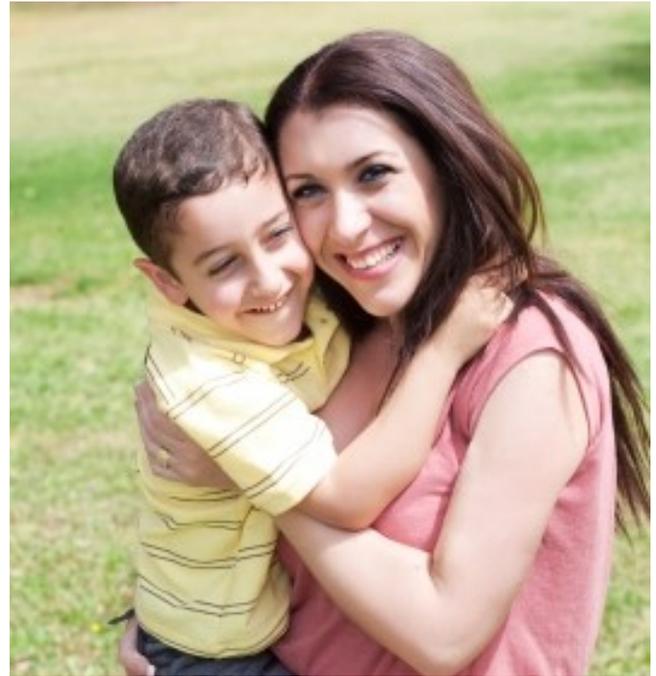
\$120/Couple

Workbook Cost: \$20

Group Leader

Nathan Bultman LPC, LLMFT
Licensed Professional Counselor

RSVP: 616-204-1974



All sessions are on **Thursday**
morning from **10:00 am - Noon**

Session 1:

“Stand One: Absolutely No!”

Session 2:

“Stand Two: Absolutely Yes!”

Session 3:

“Techniques for Energizing Success”

Session 4:

“Stand Three: Absolutely Clear!”

Session 5:

“The 3 R’s: Reset, Restart, Restore”

Session 6:

“Next Level: Notching Up Success”